

**During the COVID-19 Pandemic  
your mental health is vital.**

**Call for free emotional support  
from trained staff.**

**866-202-Help (4357)**

**7 Days per Week 8am to 8pm**

Multilingual Services Available

New Jersey  
MentalHealthCares  
NJ Hope and Healing



**Durante la pandemia de COVID-19,  
su salud mental es vital.**

**Solicite apoyo emocional gratuito  
de personal capacitado.**

**866-202-Help (4357)**

**7 Días por Semana de 8am a 8pm**

Servicios multilingües disponibles

New Jersey  
MentalHealthCares  
NJ Hope and Healing



This program is brought to you by/through NJ Hope and Healing- CCP program The Mental Health Association in New Jersey in collaboration with the New Jersey Department of Human Services' Division of Mental Health and Addiction Services, Disaster and Terrorism Branch, is offering a Crisis Counseling Program (CCP) through a (FEMA) grant.